TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL

PT JAWAHARLAL NEHRU

ANATOMY PHYSIOLOGY



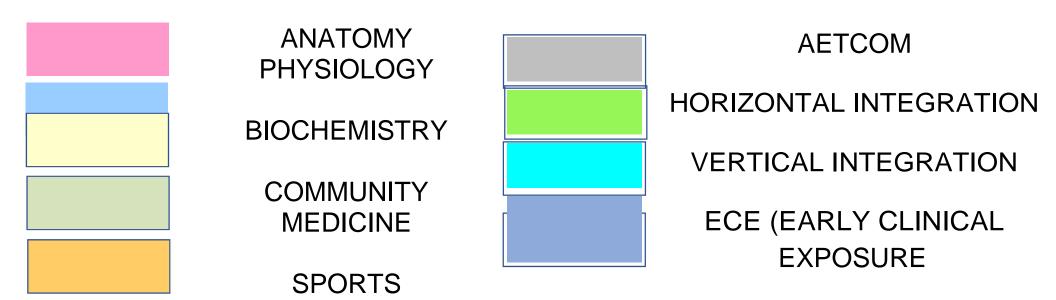
**GOVT MEDICAL COLLEGE** 

# **CMBE TIME TABLE**

# MBBS PHASE 1

**VERTICAL** 

**ECE** 



TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY	BIOCHEMISTRY	<b>COMMUNITY MEDICINE</b>	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

# SUMMARY OF THE TEACHING HOURS

SUBJECT	TOTAL HOURS	THEORY	PRACTICAL	SDL
ANATOMY	675	220	415	40
PHYSIOLOGY	495	160	310	25
BIOCHEMISTRY	250	80	150	20
EARLY CLINICAL EXPOSURE	*90			
COMMUNITY MEDICINE	52	20	27	5
EXAMINATION	80			
AETCOM	48			0
SPORTS	60			
TOTAL	1750	_		

SUBJECT	TOTAL HOURS INCLUSIVE ECE	THEORY	PRACTICAL	SDL	ECE
ANATOMY					
PHYSIOLOGY					
BIOCHEMISTRY					
EARLY CLINICAL EXPOSURE					
COMMUNITY MEDICINE					
EXAMINATION					
AETCOM					
SPORTS					
TOTAL					

- > Early clinical exposure- The ninety hours of ECE are equally distributed among Anatomy, Physiology and Biochemistry.
- > \*\* Sports-Due to the limitations of the teaching hours, 40 hours of sports have been extended beyond teaching hours i.e. one hour per week for forty weeks.
- > The new system of curricular delivery is aimed at contextual learning and converting teacher centric to learner centric education system, which is going to make learning an intense experience for the student.

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY

BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

(WEEK - 1)

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM -	1 PM	2 PM – 4 PM		4 PM - 5 PM
	Introductory Speech by Principal, Introduction of faculty of 1st YEAR MBBS	Anti-Ragging Rules & Regulation by Member Secretary of Ant-iRagging Committee	Hostel Rules By Warden PTA formation	lunch	Orientation of College Campus and Hospital in four batches	Anato Physio Bioche Commu	ntation Of ormy dept, ology dept, mistry dept, nity Medicine dept
WEDNESDAY 03.02.21	LEC. AN1.1, AN1.2 (ANATOMICAL TERMINOLOGY) INTRODUCTION TO ANATOMY	BI 1.1 LEC. MOLECULAR AND FUNCTIONAL ORGANIZATION OF A CELL & IT'S SUBCELLULAR COMPONENT	LECTURE INTRODUCTION TO	PHYSIOLOGY	DOAP PY 2 INTRODUCTION TO MICROSCOPY (BATCH A)  SGT BI 11.1 Biomedical Waste Mana (Batch B)	gement	FC

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 12 NOON	12 PM- 1 PM	2 PM – 4 PM	4 PM - 5 PM
THURSDAY	LECTURE PY2.2	AN2.1-2.4 LECTURE - GENERAL FEATURES OF	DOAP – CADAVERI (BATCH A) DOAP. AN1.1, A		DOAP PY 2 INTRODUCTION TO MICROSCOPY (BATCH B)	FC
04.02.21	Plasma Proteins	BONE AND CARTILAGE	(ANATOMICAL TERM INTRODUCTION TO A (BATCH B)	INOLOGY) ANATOMY	SGT BI 11.1 Biomedical Waste Management (Batch A)	FC
FRIDAY 05.02.2021	BI 1.1 LECTURE FLUID MOSAIC MODEL OF CELL MEMBRANE	LEC. CM1.1 CONCEPT OF PUBLIC HEALTH	DOAP – CADAVERI (BATCH B) DOAP. AN1.1, A (ANATOMICAL TERMI INTRODUCTION TO A (BATCH A)	.N1.2 INOLOGY) ANATOMY	AETCOM module 5: The cadaver as our first teacher Session 1 Introductory lecture All faculties Department of Anatomy	FC
SATURDAY 06.02.2021	FC	FC	FC		FC	
SUNDAY 07.02.2021			Holida	ıy		

TIME TABLE	MDDC	DULAGE	4 DATOLION	٠,
TIME TABLE -	M.R.R.2.	PHASE -	· 1, BATCH 20⊿	۷(

			~! ~!! ~				
ANATOMY PHYSIOLOGY	BIOCHEMISTRY	COMMUNITY MEDICINE	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

# (WEEK - 2)

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 08.02.2021	LECTURE PY2.1 Composition & functions of blood components	LECTURE AN15.1- 15.3 INTRODUCTION TO LOWER LIMB AND FRONT OF THIGH (1)	SGD; DOAP – AN4.1-4.5; AN15.1-15.3 SKIN AND FACIA; INTRODUCTION TO LOWER LIMB AND FRONT OF THIGH (1) (BATCHA) DOAP- GENERAL FEATURES OF BONE AND CARTILAGE - AN2.1 -2.4) (BATCH B)	ECE – AN. OBSERVE BONE INJURIES (HOSPITAL SETTING)	3-5PM SPORTS
TUESDAY 09.02.2021	LECTURE AN 2.5-2.6 JOINTS	LECTURE PY 1.6 Body Fluids (1)	DOAP, AN2.1 -2.4 (GENERAL FEATURES OF BONE AND CATILAGE (BATCH A)	DOAP,PY 2 MICROSCOPE COMMON OBJECTS (BATCHA)	FC
		, , , ,	SGD, DOAP, AN4.1- 4.5; AN15.1-15.3 SKIN FACIA; INTRODUCTION TO LOWER LIMB AND FRONT OF THIGH (1) (BATCH B)	SGD 11.1 Introduction: Biochemistry lab; lab equipments and apparatus. (Batch B)	FC
WEDNESDAY 10.02.2021	LECTURE AN15.4-15.5 FRONT OF THIGH (2)	BI 3.1 SGD CLASSIFICATION OF CARBOHYDRATES. ROLE	LECTURE; SGD PY1.2	DOAP,PY 2 MICROSCOPE COMMON OBJECTS (BATCH B)	FC
		OF CARBOHYDRATES	Homeostasis (1)	SGD BI 11.1 Introduction: Biochemistry lab; lab equipments and apparatus. (Batch A)	FC
THURSDAY 11.02.2021	LEC. PY 1.6 BODY FLUIDS (2)	LECTURE AN3.1 - 3.3) MUSCLE	DOAP; SGD AN15.4-15.5 FRONT OF THIGH (2) (BATCH A) DOAP AN 14.1-14.2 HIP BONE (BATCH B)	<b>AETCOM module</b> 5: The cadaver as our first teacher Session 2: Small group discussion All faculties Department of Anatomy	FC

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 12.02.2021	LEC.BI3.3 DESCRIBE & DISCUSS THE DIGESTION, ASSIMILATION OF CARBOHYDRATES FROM FOOD.	LEC. CM1.2 CONCEPT OF HEALTH & DETERMINANTS OF HEALTH CM1.7 HEALTH INDICATORS	DOAP; SGD AN15.4-15.5 FRONT OF THIGH (2) (BATCH B) DOAP AN 14.1-14.2 HIP BONE (BATCH A)	SDL BATCH A AN3.1-3.3 MUSCLE  SDL BATCH B AN 2.5-2.6 JOINTS	FC
SATURDAY 13.02.2021	ECE Biochemistry Basic Science Correlation: Diagnostic Enzymes in MI	Lecture PY 1.2 Homeostasis (2)	AETCOM MODULE 1.2 BIOCHEMISTRY What does it mean to be a patient Exploratory session SDL BI 13.2 Describe the processes involved in digestion and assimilation of carbohydrates and storage B1 13.3. Describe and discuss the digestion and assimilation of carbohydrates from food	FC	
SUNDAY 14.02.2021			HOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020
---

ANATOMY PHYSIOLOGY	BIOCHEMISTRY COMMUNITY MED	DICINE SPORTS AETCOM HORIZONTAL	VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 15.02.2021	LECTURE PY 1.1 Structure and functions of a mammalian cell(1)	LEC. AN7.1- 7.8NERVOUS TISSUE	SDL BATCH B AN3.1-3.3 MUSCLE SDL BATCH A AN2.5-2.6 JOINTS	ECE – AN. OBSERVE MUSCLE DYSTROPHIES (PHOTOGRAPHS, VIDEO)	3-5PM SPORTS
TUESDAY 16.02.2021	LECTURE AN 15.1-15.2 MEDIAL SIDE OF THIGH	LECTURE PY 1.1Structure and functions of a mammalian cell (2)	DOAP, AN15.1-15.2 MEDIAL SIDE OF THIGH (BATCH A) SGD, (BATCH B)	DOAP,PY COLLECTION OF BLOOD SAMPLE (BATCH A)	FC
		(-)	AN 7.1-7.8 NERVOUS TISSUE	BI 11.3 PRACTICAL CHEMICAL COMPONENTS OF NORMAL URINE. (BATCHB)	FC
WEDNESDAY 17.02.2021	LECTURE AN 5.1-5.4 CARDIOVASCULAR	BI 3.4 LECTURE PATHWAYS OF CARBOHYDRATE	LECTURE PY 2.3  Hemoglobin (Synthesis, Structure,	DOAP,PY 2 COLLECTION OF BLOOD SAMPLE (BATCHB)	FC
	SYSYTEM 1	METABOLISM: (GLYCOLYSIS)	breakdown) (1)	BI 11.3 PRACTICAL CHEMICAL COMPONENTS OF NORMAL URINE. (BATCHA)	FC
THURSDAY1 18.02.2021	LECTURE PY 2.3  Hemoglobin (Synthesis, Structure, breakdown) (2)	LEC - AN65.1 (EPITHELIUM HISTOLOGY) (1)	DOAP, AN15.1-15.2 MEDIAL SIDE OF THIGH (BATCH B) SGD, (BATCH A) AN 7.1-7.8 NERVOUS TISSUE	AETCOM MODULE1.1 Physiology What does it mean to be a doctor (Panel discussion)	FC

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 19.02.2021	BI3.4 LEC. PATHWAYS OF CARBOHYDRATE METABOLISM: (GLUCONEOGENESIS)	LEC.CM1.3, CM1.4 CONCEPT OF DISEASE, EPIDEMIOLOGICAL TRIAD AND NATURAL HISTORY OF DISEASE	DOAP AN65.1 (EPITHELIUM HISTOLOGY) (1) INTRODUCTION TO MICROSCOPE(HIS) (BATCH A) DOAP AN 14.1-14.3 FEMUR (BATCH B)	DOAP AN65.1 (EPITHELIUM HISTOLOGY) (1) INTRODUCTION TO MICROSCOPE(HIS) (BATCH B)  DOAP AN 14.1-14.3 FEMUR (BATCH A)	FC
SATURDAY 20.02.2021	Early Clinical Exposure PY 3.13 Topic : Myopathies Dept of Physiology HI- Anatomy VI- General medicine	LECTURE PY 1.6 PLASMA PROTEINS (Oedema)	Early Clinical Exposure – Anatomy AN 4.1,4.2,4.5,72.1 1 Basic science correlation With Dermatology to expose the students to observe various types of skin lesions on AV aids	FC	
SUNDAY 21.02.2021		ŀ	IOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM	HORIZONTAL VERTICAL EC
--	------------------------

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 22.02.2021	LECTURE PY 2.4 RBC (Shape and structure)	LEC AN5.5- 5.8 CARDIOVASCULAR SYSTEM (2)	SGD AN 5.1-5.4 CVS (1) BATCH A SDG AN 5.5- 5.8 CVS (2) BACTCH B	Early Clinical Exposure PY 1.6, 1.7 Topic: Abnormalities of body fluids	3-5PM SPORTS
TUESDAY 23.02.2021	LECTURE AN 6.1-6.3 LYMPHATIC SYSTEM	LEC PY 2.4 RBC (Erythropoiesis)	SGD AN 5.1-5.4 CVS (1) BATCH B SDG AN 5.5- 5.8	DOAP,PY 2.11 HAENPCYTOMETRY (BATCHA)	FC
			CVS (2) BACTCH A	BI 11.4 SMALL GROUP DISCUSSION URINE ANALYSIS TO ESTIMATE AND DETERMINE NORMAL AND ABNORMAL CONSTITUENTS	FC
WEDNESDAY 24.02.2021	4 02 2024 GLUTEAL REGION (1) PATHWAYS OF PY 2.5			DOAP,PY 2.11 HAEMOCYTOMETRY (BATCHB)	FC
		METABOLISM: (GLYCOGENESIS)	UNONDICE (1)	BI 11.4 SMALL GROUP DISCUSSION URINE ANALYSIS TO ESTIMATE AND DETERMINE NORMAL AND ABNORMAL CONSTITUENTS	FC
THURSDAY 25.02.2021	LEC. PY 2.5 JAUNDICE (2)	LEC AN 65.2 (EPITHELIUM HISTOLOGY) – [EPITHELIUM- II] (HIS)	DOAP AN 16.1-16.2 GLUTEAL REGION (1) BATCH A SDL – AN 14.1-14.3 HIP BONE AND FEMUR (BATCH B)	AETCOM MODULE1.1 Physiology What does it mean to be a doctor (CLOSURE)	FC

ANATOMY PHYSIOLOGY

TIME TABLE - M.B.B.S. PHASE – 1, BATCH 2020
BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL

VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM	
FRIDAY 26.02.2021	BI 3.4 LECTURE PATHWAYS OF CARBOHYDRATE METABOLISM: (GLYCOGENESIS)	SGD CM1.5 LEVELS OF PREVENTION AND MODES OF INTERVENTIONS	DOAP - AN-65.2 (EPITHELIUM HISTOLOGY) – [EPITHELIUM- II] (HIS.) (BATCHA)  SDL – AN 14.1-14.3 HIP BONE AND FEMUR	DOAP - AN-65.2 (EPITHELIUM HISTOLOGY) – [EPITHELIUM- II] (HIS.) (BATCH B)  SDL – AN 14.1-14.3 HIP BONE AND FEMUR (BATCH A)	FC	
SATURDAY 27.02.2021	HOLIDAY					
SUNDAY 28.02.2021			HOLIDAY			

TIME	TABLE -	M.B.B.S.	PHASE -	1, BAT	CH 2020

ANATOMY PHYSIOLOGY

	,,					
BIOCHEMISTRY	COMMUNITY MEDICINE	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 01.03.2021	LEC PY 1.6 Body Fluids	FORMATIVE ASSESSMENT GENERAL ANATOMY		DOAP PY 2.11 HB ESTIMATION BATCH A	3-5PM SPORTS
				SDL PY 1.1-1.2 CELL AND HAEMOSTASIS BATCH B	
TUESDAY 02.03.2021	LEC AN16.3-16.4 GLUTEAL REGION (2)	LEC PY 2.2 PLASMA PROTEINS CLINICAL	DOAP LEC AN16.3-16.4 GLUTEAL REGION (2) BATCH A	DOAP,PY 2.11 RBC INDICES (BATCHA)	FC
			DOAP AN 16.1-16.2 GLUTEAL REGION (1) (BATCH B)	DOAP BI11.20 Identify abnormal constituents in urine, interpret the findings and correlate these with pathological states. (BATCH-B)	FC
WEDNESDAY 03.03.2021	LEC AN 16.5.16.6 BACK OF THIGH AND POPLITEAL FOSSA	BI 3.4 LECTURE PATHWAYS OF CARBOHYDRATE	DOAP PY 2.11 HB ESTIMATION BATCH B	DOAP,PY 2.11 RBC INDICES (BATCHB)	FC
		METABOLISM: (GLYCOGENOLYSIS)	SDL PY 1.1-1.2 CELL AND HAEMOSTASIS	DOAP BI11.20 Identify abnormal constituents in urine, interpret the findings and correlate these with pathological states. (BATCH-A)	FC
THURSDAY 04.03.2021	LEC PY 1.5 Transport across cell membrane	LEC AN 66.1-66.2 CONNECTIVE TISSUES	DOAP LEC AN16.3-16.4 GLUTEAL REGION (2) BATCH B PRAC AN 66.1-66.2 CONNECTIVE TISSUES BATCH A	AETCOM MODULE 1.3 Physiology The doctor patient relationship Large Group Session 1.3 Physiology The doctor patient relationship SDL	FC

ANATOMY PHYSIOLOGY

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020
BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 05.03.2021	BI 3.4 LECTURE PATHWAYS OF CARBOHYDRATE METABOLISM: HMP SHUNT	LEC CM 17.1 CONCEPT OF HEALTH CARE	PRAC AN 66.1-66.2 CONNECTIVE TISSUES BATCH B DOAP AN 14.1-14.3 TIBIA BATCH A	DOAP AN 14.1-14.3 TIBIA BATCH A SDL AN 66.1-66.2 EPITHELIUM AND CONNECTIVE TISSUE	FC
SATURDAY 06.03.2021	ECE Biochemistry Clinical skills: Diabetes Mellitus VI- General medicine	LEC PY 2.5 ANEMIA	SDL BI3.9 Discuss the mechanism and significance of blood glucose regulation in health and diseases	FC	
SUNDAY 07.03.2021	HOLIDAY				

TIME TABLE	M.B.B.S. P	PHASE - 1.	<b>BATCH 2020</b>

ANATOMY PHYSIOLOGY	BIOCHEMISTRY COMMUNITY MEDICINE SPORTS	AETCOM 🔲 HORIZONTAL 🔃 VERTICAL 🔃 ECI

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM -1 PM	2 PM – 4 PM	4PM - 5 PM
MONDAY 08.03.2021	LEC PY 2.5 ANEMIA (2)	LEC AN 17.1-17.3 HIP JOINT	DOAP SGD PRAC -AN16.516.6 BACK OF THIGH AND POPLITEAL FOSSA	DOAP PY 2.11  RBC COUNT  BATCH A  B SDL  CARBOHYDRATE TUTORIAL  BATCH B	3-5PM SPORTS
TUESDAY 09.03.2021	LEC. AN18.4-18.5 KNEE JOINT (1)	LEC. PY 1.5 TRANSPORT ACROSS THE CELL MEMBRANE	DOAP, SGD PRAC AN17.1-17.3 HIP JOINT	DOAP,PY 2.11 BLOOD GROUP (BATCHA)	FC
				BI 11.5, BI 11.16 SGD SCREENING OF URINE FOR INBORN ERRORS & THE USE OF PAPER CHROMATOGRAPHY (Batch B)	FC
WEDNESDAY 10.03.2021	LEC AN 71.1 -71.2 HISTOLGY BONE AND CARTILAGE	BI 3.4 CARBOHYDRATE METABOLISM	DOAP PY 2.11 RBC COUNT BATCH B	DOAP,PY 2.11 BLOOD GROUP (BATCHB)	FC
		(GALACTOSE METABOLISM)	BATCH A SDL CARBOHYDRATE TUTORIAL	BI 11.5, BI 11.16 SGD SCREENING OF URINE FOR INBORN ERRORS & THE USE OF PAPER CHROMATOGRAPHY (Batch A)	FC
THURSDAY 11.03.2021			HOLIDAY		

ANATOMY PHYSIOLOGY

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020
BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM	
FRIDAY 12.03.2021	LEC BI 4.1 DESCRIBE AND DISCUSS MAIN CLASSES OF LIPIDS	LEC CM 17.2 COMMUNITY DIAGNOSIS	DOAP AN 14.1-14.2 FEBULA BATCH A DOAP AN 17.1-17.2 HISTOLGY BONE AND CARTILAGE BATCH B	DOAP AN 14.1-14.2 FEBULA BATCH B DOAP AN 17.1-17.2 HISTOLGY BONE AND CARTILAGE BATCH A	FC	
SATURDAY 13.03.2021	ECE ANATOMY AN 20.3-5 Anatomical basis of varicose ulcers, varicose veins and trendelenburg test with charts, vedios & PPT in class room	LEC PY 1.3 Intracellular Communications	SDL BI3.8 Discuss and interpret laboratory results of analytes associated with carbohydrate metabolism	FC		
SUNDAY 14.02.2021	HOLIDAY					

TIME TABLE - M.B.B.S. PHASE -	1 BATCH2020
THE TABLE - MI.D.D.O. I HAGE -	I, DAIOII2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM	HORIZONTAL VERTICAL EC
--	------------------------

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 15.03.2021	LEC PY 1.3 Intracellular Communications	LEC AN 18.6 -18.7 KNEE JOINT (2)	DOAP SGD PRAC – AN 18.6 -18.7 KNEE JOINT	DOAP PY 2.11 WBC COUNT BATCH A SDL PY 2.5 JAUNDICE BATCH B	3-5PM SPORTS
TUESDAY 16.03.2021	LEC AN 18.1-18.3 FRONT OF LEG AND DORSAL OF FOOT	LEC PY 2.9 BLOOD TRANSFUSION	DOAP SGD PRAC AN 18.1-18.3 FRONT OF LEG AND DORSAL OF FOOT	DOAP PY 2.11 BT CT (Batch A) BI 11.4 SGD / ECE	FC FC
	1001		UF FOOT	URINE ANALYSIS TO ESTIMATE AND DETERMINE NORMAL AND ABNORMAL CONSTITUENTS	
WEDNESDAY 17.03.2021	LEC AN 19.1-19.4 BACK OF LEG	LEC.BI4.2 DESCRIBE THE PROCESSES INVOLVED IN DIGESTION AND	DOAP PY 2.11 WBC COUNT BATCH B	DOAP PY 2.11 BT CT (Batch B)	FC
	AND LATERAL COMPARTMENT	ABSORPTION OF DIETARY LIPIDS AND ALSO THE KEY FEATURES OF THEIR METABOLISM	SDL PY 2.5 JAUNDICE BATCH A	BI 11.4 SGD / ECE URINE ANALYSIS TO ESTIMATE AND DETERMINE NORMAL AND ABNORMAL CONSTITUENTS	FC
THURSDAY 18.03.2021	LEC PY 2.10 IMMUNITY	LEC AN 69.1-69.3 HISTOLOGY CIRCULATORY SYSTEM	451.40.4.40.4	AETCOM module 1: PY: What does it means to be a doctor? Session 4: Reflections of previous sessions	FC

# PT. JAWAHAR LAL NEHRU GOVT MEDICAL COLLEGE CHAMBA TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 19.03.2021	BI4.4 SDL STRUCTURE AND FUNCTIONS OF LIPOPROTEINS, THEIR FUNCTIONS, INTERRELATIONS & RELATIONS WITH ATHEROSCLEROSIS	LEC CM 17.3 PRIMARY HEALTH CARE	DOAP AN 14.4 ARTICULATED FOOT, TALUS, CALCENEUM BATCH A  DOAP AN 69.1-69.3 HISTOLOGY CIRCULATORY SYSTEM BATCH B	DOAP AN 14.4 ARTICULATED FOOT, TALUS, CALCENEUM BATCH B  DOAP AN 69.1-69.3 HISTOLOGY CIRCULATORY SYSTEM BATCH A	FC
SATURDAY 20.03.2021	Early Clinical Exposure – Anatomy Clinical skills With orthopedics to discuss LOWER limb fractures and nerve injuries on a specified case venue- LT theatre	PY 1.7 pH AND	AETCOM module 5: The cadaver as our first teacher Session-3 Reflections, experience sharing Deptt of Anatomy	FC	
SUNDAY 21.03.2021			HOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

NATOMY PHYSIOLOGY	BIOCHEMISTRY	COMMUNITY MEDICINE	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 22.03.2021	LEC PY 2.10 IMMUNITY 2	LEC AN 20.1 ANKLE JOINT AND TIBIA FEBULAR JOINT	DOAP SGD PRAC AN 20.1 ANKLE JOINT AND TIBIA FEBULAR JOINT	SDL PRAC PY 2.11 WBC COUNT SDL PRAC PY 2.11 RBC COUNT	3-5PM SPORTS
TUESDAY 23.03.2021	LEC AN 19.1, 19.5-19.7 ARCHES OF FOOT	LEC PY 1.4 APOPTOSIS	DOAP SGD PRAC AN 19.1-19.2 SOLE OF FOOT	DOAP PY 2.11 PREPARATION OF BLOOD SMEAR BATCH A	FC
				FORMATIVE ASSESSMENT URINE ANALYSIS BATCH A	FC
WEDNESDAY 24.03.2021	LEC AN 20.3-20.5 VENOUS AND	BI4.4 SDL FATTY ACID METABOLISM	FORMATIVE ASSESSMENT GENERAL PHYSIOLOGY	DOAP PY 2.11 PREPARATION OF BLOOD SMEAR BATCH B	FC
	LYMPHATIC DRAINAGE OF LOWER LIMB			FORMATIVE ASSESSMENT URINE ANALYSIS BATCH B	FC
THURSDAY 25.03.2021	LEC PY 2.10 IMMUNITY (3)	LEC AN 67.1-67.3 HISTOLOGY MUSCULAR SYSTEM	DOAP SGD AN 20.3-20.5 VENOUS AND LYMPHATIC DRAINAGE OF LOWER LIMB	AETCOM Module1.2 BIOCHEMISTRY What does it mean to be a patient  Small group discussion	FC

# PT. JAWAHAR LAL NEHRU GOVT MEDICAL COLLEGE CHAMBA TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 26.03.2021	LEC BI4.4 CHOLESTEROL METABOLISM	LEC CM 17.4 NATIONAL POLICIES	DOAP, SGD AN 20.6- 20.9 RADIOLOGY AND SURFACE MARKING OF LOWER LIMB BATCH A  DOAP SGD AN 67.1-67.3 HISTOLOGY MUSCULAR SYSTEM BATCH B	DOAP, SGD AN 20.6- 20.9 RADIOLOGY AND SURFACE MARKING OF LOWER LIMB BATCH B  DOAP SGD AN 67.1-67.3 HISTOLOGY MUSCULAR SYSTEM BATCH A	FC
SATURDAY 27.03.2021	Early Clinical Exposure PY 2.5 Topic : Anaemia Deptt of Physiology Lecture theatre HI- Biochemistry VI- Pathology	LEC PY 2.6 WBC STRUCTURE AND FUNCTION	AETCOM Module1.2 BIOCHEMISTRY What does it mean to be a patient closure	FC	
SUNDAY 28.03.2021			HOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY	BIOCHEMISTRY	COMMUNITY MEDICINE SPO	ORTS AETCOM NORI	ZONTAL 🔃 VERTICAL 🔲 ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4AM - 5 PM
MONDAY 29.03.2021			HOLIDAY		
TUESDAY 30.03.2021	SDL AN 15.1-20.10 LOWER LIMB	LEC PY 2.6 WBC FORMATION	SDL AN 15.1- 20.10 LOWER LIMB	DEMO PY 2.12 OSMOTIC FRAGILITY BATCH A BI 11.6, 11.18 PRACTICAL	FC FC
		LEC DIA 5		COLORIMETER & SPECTROPHOTOMETER	
WEDNESDAY 31.03.2021	AN ZU Z	AN 20.2 OF	DEMO, DOAP PY 2.12	DEMO PY 2.12 OSMOTIC FRAGILITY BATCH B	FC
	3011413 01 1 001	PROSTAGLANDINS AND INHIBITORS OF EICOSANOID SYNTHESIS.  ESR		BI 11.6, 11.18 PRACTICAL COLORIMETER & SPECTROPHOTOMETER	FC
THURSDAY 01.04.2021	LEC PY 2.6 WBC FORMATION (2)	ANATOMY FORMATIVE ASSESSMENT LOWER LIMB		AETCOM ANATOMY	FC

# PT. JAWAHAR LAL NEHRU GOVT MEDICAL COLLEGE CHAMBA TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM 4 PM - 5 PM		
FRIDAY 02.04.2021						
SATURDAY 03.04.2021	Early Clinical Exposure - Anatomy AN 41.1,41.2 Clinical Skills With Ophthalmology to discuss the cases of cataract, glaucoma & central retinal artery occlusion on specified cases	LEC PY 2.7 PLATELETS STRUCTURE AND MORPHOLOGY	BI 11.24 ECE - ADVANTAGES AND/OR DISADVANTAGES OF USE OF UNSATURATED, SATURATED AND TRANS FATS IN FOOD.	FC		
SUNDAY 04.04.2021	HOLIDAY					

TIME TABLE -	M.B.B.S.	PHASE -	1. BATCH 202	2(
			., 271. 01.202	•

ANATOMY PHYSIOLOGY

BIOCHEMISTRY	COMMUNITY MEDICINE	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 05.04.2021	LEC PY 2.8 PLATELETS HEMOSTASIS	Format LC	NATOMY ive assessment DWER LIMB RACTICAL	DOAP PY 2.11 IDENTIFICATION OF WBC BATCH A  SDL PY 2.10 IMMUNITY BATCH B	3-5PM SPORTS
TUESDAY 06.04.2021	LEC AN 9.1 INTRODUCTION TO	LEC PY 2.8	DOAP SGD PRAC AN 9.1 INTRODUCTION TO UPPER LIMB	DOAP PY 2.11 IDENTIFICATION OF WBC BATCH A REVISION	FC
	UPPER LIMB PECTORAL REGION (1)	PLATELETS HEMOSTASIS (2)	PECTORAL REGION (1)	BI 11.21 PRACTICAL ESTIMATION OF BLOOD GLUCOSE	FC
WEDNESDAY 07.04.2021	LEC AN 9.2-9.3 PECTORAL REGION (2) MAMMARY GLANDS	BI 4.6 ECE/ CASE STUDY INTREPRET LAB RESULTS OF ANALYTES	DOAP PY 2.11 IDENTIFICATION OF WBC BATCH B	DOAP PY 2.11 IDENTIFICATION OF WBC BATCH B REVISION	FC
		ASSOCIATED WITH LIPID METABOLISM	SDL PY 2.10 IMMUNITY BATCH A	BI 11.21 PRACTICAL ESTIMATION OF BLOOD GLUCOSE	FC
THURSDAY 08.04.2021	LEC PY 2.6 WBC VARIATIONS	LEC AN 68.1-68.3 HISTOLOGY NERVOUS TISSUE	DOAP SGD AN 9.2-9.3 PECTORAL REGION (2) MAMMARY GLANDS	AETCOM PHYSIOLOGY	FC

# PT. JAWAHAR LAL NEHRU GOVT MEDICAL COLLEGE CHAMBA TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 09.04.2021	LEC BI 5.1 DESCRIBE AND DISCUSS STRUCTRAL ORGANISATION OF PROTEINS	LEC CM 1.6 HEALTH PROMOTION AND EDUCATION; IEC; BCC	DOAP PRAC SGD AN 8.1-8.4 CLAVICLE AND SCAPULA BATCH A  DOAP PRAC SGD AN 68.1-68.3 HISTOLOGY NERVOUS TISSUE BATCH B	DOAP PRAC SGD AN 8.1-8.4 CLAVICLE AND SCAPULA BATCH B  DOAP PRAC SGD AN 68.1-68.3 HISTOLOGY NERVOUS TISSUE BATCH A	FC
SATURDAY 10.04.2021	Early Clinical Exposure Physiology PY 10.11, 10.20 Topic: Bell's Palsy Deptt of Physiology HI- anatomy VI- Ophthalmology	LEC PY 3.7 MUSCLE FIBER (types and structure)	EARLY CLINICAL EXPOSURE ANATOMY Clinical skills With orthopedics to discuss UPPER limb fractures and nerve injuries on a specified case	FC	
SUNDAY 11.04.2021			HOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

	 111112 171222 11112121311111111	., -,,				
ANATOMY PHYSIOLOGY	BIOCHEMISTRY COMMUNITY MEDICII	NE SPORTS	AETCOM HORIZONTA	۱L	VERTICAL [	ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 12.04.2021	LEC PY 2.8 PLATELETS DISORDERS	LEC AN 76.1-76.2; 77.1-77.2 GENRAL EMBROYOLOGY	DOAP AN 9.2-9.3 PECTORAL REGION 2	DOAP PY 2.11 DLC BATCH A  DOAP BI11.8 Demonstrate estimation of serum proteins, albumin and A:G ratio (BATCH-B)	3-5PM SPORTS
TUESDAY 13.04.2021	LEC AN 10.2 AXILLA (1)	LEC PY 3.1 NEURON STRUCTURE AND FUNCTION	DOAP SGD PRAC AN 10.2 AXILLA (1)	DOAP PY 2.11 DLC BATCH B  DOAP BI11.8 Demonstrate estimation of serum proteins, albumin and A:G ratio (BATCH-B)	FC FC
WEDNESDAY 14.04.2021			HOLIDAY		
THURSDAY 15.04.2021			HOLIDAY		

ANATOMY PHYSIOLOGY

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020
BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL

VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 16.04.2021	LEC BI 5.2 HB AND HB PATHIES	LEC CM 1.8 DEMOGRAPHIC PROFILE OF INDIA AND IMPACT ON HEALTH	DOAP SGD PRAC AN 8.1-8.2 HUMERUS BATCH A  SGD DEMO AN 76.1-76.2; 77.1-77.2 GENRAL EMBROYOLOGY BATCH B	DOAP SGD PRAC AN 8.1-8.2 HUMERUS BATCH B SGD DEMO AN 76.1-76.2; 77.1-77.2 GENRAL EMBROYOLOGY BATCH A	FC
SATURDAY 17.04.2021	ECE – AN.  OBSERVE A CASE OF DOWN'S SYNDROME (A-V AID / CASE BASED)	LEC. PY 3.8 ACTION POTENTIAL AND PROPERTIES OF MUSCLE FIBER	DOAP Visit to Urban health training center	FC	
SUNDAY 18.04.2021			HOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY	BIOCHEMISTRY	COMMUNITY MEDICINE	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 - 5 PM
MONDAY 19.04.2021	LEC PY 3.9 MOLECULAR BASIS OF MUSCLE CONTRACTION	LEC AN 10.4, 10.7-10.11, 10.13 AXILLA (2)	DOAP SGD PRAC AN 10.4, 10.7-10.11, 10.13 AXILLA (2)	DOAP PY 2.11 DLC BATCH A  DOAP BI11.12 Demonstrate the estimation of serum bilirubin(Batch-B)	3-5PM SPORTS
TUESDAY 20.04.2021		LEC PY 3.9 MOLECULAR BASIS OF MUSCLE CONTRACTION (2)	SGD DEMO AN 77.3-77.6 GENERAL EMBRYOLOGY	DOAP PY 2.11 DLC BATCH B  DOAP BI11.12 Demonstrate the	FC
				estimation of serum bilirubin (Batch- A)	
WEDNESDAY 21.04.2021			HOLIDAY		
THURSDAY 22.04.2021	LEC PY 3.1 NEUROGLIA AND NERVE GROWTH FACTOR	LEC AN 70.2 HISTOLOGY LYMPHOID TISSUE	SGD, DEMO AN 77.3- 77.6 GENERAL EMBRYOLOGY	LEC BI8.3  Provide dietary advice for optimal health in childhood and adult, in disease conditions like diabetes mellitus, coronary artery disease and in pregnancy BI8.4 Describe the causes (including dietary habits), effects and health risks associated with being overweight/ obesity	FC

ANATOMY PHYSIOLOGY

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020
BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL

VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 23.04.2021	LEC BI 5.3 DIGESTION AND ABSORPTION OF PROTEINS	DEMO CM1.9 ROLE OF COMMUNICATION SKILLS IN HEALTH	PRAC, SGD AN 70.2 HISTOLOGY LYMPHOID TISSUE BATCH A  DOAP AN 8.4 HUMERUS BATCH B	PRAC, SGD AN 70.2 HISTOLOGY LYMPHOID TISSUE BATCH B  DOAP AN 8.4 HUMERUS BATCH A	FC
SATURDAY 24.04.2021	ECE Biochemistry Basic Science Correlation: Hemoglobinopathies	LEC PY 3.12 MOTOR UNIT	SGD/Tutorial LIPID Metabolism	FC	
SUNDAY 25.04.2021			HOLIDAY		

TIME TABLE ·	MDDC	DUACE 4	D $A$ $T$ $C$ $D$ $A$ $A$ $C$ $A$
IIIVIE I ADLE:	· WI.D.D.J	. PRASE - I	, DAIGHZUZU

ANATOMY PHYSIOLOGY	BIOCHEMISTRY	COMMUNITY MEDICINE	SPORTS	AETCOM	HORIZONTAL	VERTICAL	ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4PM - 5 PM
MONDAY 26.04.2021	LEC PY 3.2 NERVE FIBER TYPE FUNCTION AND PROPERTIES	LEC AN 10.3, 10.5-10.6 BRACHIAL PLEXSUS	DOAP SGD PRAC AN 10.3, 10.5-10.6 BRACHIAL PLEXSUS	DEMO PY 3.18  AMPHIBIAN NERVE MUSCLE SIMPLE MUSCLE TWITCH BATCH A  DEMO PY 3.18  AMPHIBIAN NERVE MUSCLE INSTRUMENTS BATCH B	3-5PM SPORTS
TUESDAY 27.04.2021	LEC AN 78.1-78.3 GENERAL EMBRYOLOGY (3)	LEC PY 3.3 DEGENARATION AND REGENERATION IN PERIPHERAL NERVES	SGD, DEMO AN 78.1-78.3 GENERAL EMBRYOLOGY (3)	DEMO PY 3.18  AMPHIBIAN NERVE MUSCLE BATCH A  DOAP BI11.13 Demonstrate the estimation of SGOT/ SGPT(Batch-B)	FC FC
WEDNESDAY 28.04.2021	LEC AN11.1-11.6 ARM AND CUVITAL FOSSA	LEC BI 5.4 COMMON DISORDERS OF PROTEIN METABOLISM	DEMO PY 3.18  AMPHIBIAN NERVE MUSCLE SIMPLE MUSCLE TWITCH BATCH B  DEMO PY 3.18  AMPHIBIAN NERVE MUSCLE INSTRUMENTS BATCH A	DEMO PY 3.18 AMPHIBIAN NERVE MUSCLE BATCH B  DOAP BI11.13 Demonstrate the estimation of SGOT/ SGPT(Batch-A)	FC FC
THURSDAY 29.04.2021	LEC PY 3.13 MUSCLE DISORDERS	LEC AN 72.1 HISTOLOGY SKIN AND MAMMARY GLANDS	DOAP SGD PRAC AN11.1-11.6 ARM AND CUVITAL FOSSA	FORMATIVE ASSESSMENT CARBOHYDRATES AND LIPDS	FC

# PT. JAWAHAR LAL NEHRU GOVT MEDICAL COLLEGE CHAMBA TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

DAY / DATE	9 AM -10 AM	10 AM -11 AM	11 AM - 1 PM	2 PM – 4 PM	4 PM - 5 PM
FRIDAY 30.04.2021	.LEC/ CASE STUDY/ SGD BI 5.5 INTREPRET LAB RESULTS OF ANALYTES ASSOCIATED WITH PROTEIN METABOLISM	DEMO CM 1.10 ASPECTS OF DOCTOR PATIENT RELATIONSHIPS	DOAP AN 72.1 HISTOLOGY SKIN AND MAMMARY GLANDS BATCH A  SDL AN 76.1, 76.2, 77.1, 77.2, 77.3, 77.4, 77.5, 77.6, 78.1-78.3 GENRAL EMRYOLOGY BATCH B	DOAP AN 72.1 HISTOLOGY SKIN AND MAMMARY GLANDS BATCH B  SDL AN 76.1, 76.2, 77.1, 77.2, 77.3, 77.4, 77.5, 77.6, 78.1-78.3 GENRAL EMRYOLOGY BATCH A	FC
SATURDAY 01.05.2021	ECE BIOCHEMICAL BASIS AND TESTS DONE IN DYSLIPIDAEMIA AND ATHEROSCLEROSIS BI 7.7 & BI11.17	LEC PY 3.4 STRUCTURE OF NEUROMUSCULAR JUNCTION AND IMPULSE TRANSMISSION	DOAP Visit to PHC	FC	
SUNDAY 02.05.2021			HOLIDAY		

TIME TABLE - M.B.B.S. PHASE - 1, BATCH 2020

ANATOMY PHYSIOLOGY

BIOCHEMISTRY COMMUNITY MEDICINE SPORTS AETCOM HORIZONTAL VERTICAL ECE

(WEEK - 14 &15)

# FIRST TERMINAL EXAMINATION